THE UNITED REPUBLIC OF TANZANIA



MINISTRY OF INDUSTRY AND TRADE TANZANIA BUREAU OF STANDARDS (TBS)



ISO 9001:2015 Certified

Member of the International Standardization (ISO), Codex Alimentarius Commission (WHO/FAO), Agent for ISO and other National Standards Bodies

TRAINING COURSE ANNOUNCEMENT

COURSE TITLE: ISO 45001:2018 Occupational Health and Safety Management Systems — Requirements with Guidance for Use

Duration: Five working days (01st to 05th December, 2025)

Targeted participants: Personnel working in public institutions, manufacturing industries, mining sector, transport and logistics, construction sites, petrol stations, warehouse, service providers and any individual interested in workplace health and safety.

Course Outline:

- 1. Concept of occupational health and safety;
- Understand the requirements of ISO 45001:2018
- 3. Benefits of implementing the ISO 45001:2018;
- 4. Interpretation on implementation of standard requirements;
- 5. Occupational Health and Safety Management Principles
- 6. Recognizing the auditing of the system requirements
- 7. Roadmap to ISO 45001:2018 certification

Course presentation and methodology

Course will be presented in both Swahili-English languages. Also, the course will be delivered in mode of interactive tutor-led and trainee-led discussion, case studies and discussion.

TBS HEADQUARTERS

Physical Address Tanzania Bureau of Standards Ubungo, Morogoro Road / Sam Nujoma Road P. O. Box 9524 DAR ES SALAAM, TANZANIA Tel. No: +255 22 245 0298/ +255 22 245 0206 Telefax: +255 22 2450959 Hotline: 0800110827 E-mail: info@tbs.go.tz

TBS CENTRAL ZONE Physical Address Kambarage Tower P.O. Box 2956 DODOMA, TANZANIA Tel No: +255 26 2520310

TBS LAKE ZONE Physical Address NSSF Building, 3rd Floor P.O. Box 1814 MWANZA, TANZANIÁ Tel. No: +255 28 2501127 +255 27 2520143

TBS NORTHERN ZONE Physical Address NSSF Mafao House Building, 2nd Floor P.O. Box 2399 ARUSHA, TANZANIA Tel. No:

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TBS SOUTHERN

TBS SOUTHERN ZONE Physical Address MTUWASA Building P. O. Box 1396 MTWARA, TANZANIA Tel No: +255 23 2334477

TBS WESTERN ZONE Physical Address NSSF Building (Mafao House), 2nd Floor P. O. Box 1276 KIGOMA, TANZANÍA Tel. No: +255 28 2804023

Benefits of the course

After successful completion of this course, participants will be able to:

- i. Understand the purpose, structure and requirements of ISO 45001:2018;
- ii. Promote Individual and organizational safety in the workplace by implementing standards requirements;
- Improve health and safety of employees by reducing incidents and injuries iii.
- Manage risks and opportunities for continual improvement in workplace ίV.

Course requirements

Each participant is required have laptop/iPad during training

Course assessment and awards

The assessment to participant who attends the course includes, participates in group work, exercises and final test, and scores 60% and above of the final course evaluation, awarded a certificate on successful completion. Otherwise, a participant who scores less than 60% of the final course evaluation is awarded a certificate of attendance. In addition, the participant will be provided with training materials for further reference. Full attendance of participants is required during the course.

Course fee

The course fee is TZS 750,000/- per person, non-refundable. The fee shall cover tuition fee, training materials, stationeries, food and refreshments. Each applicant shall be responsible for his/her own travelling and accommodation expenses.

Mode of application

Interested applicants are advised to apply through email researchandtraining@tbs.go.tz as early as possible since the maximum number of participants required is twenty-five (25) and provide the following information:

- Contact (physical address /P. O. Box) of applicant;
- Phone number and email address of applicant; ii.

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- iii. Contact (physical address/P. O. Box) of applicant;
- Phone number and email address of applicant; and iν.
- Organization name, TIN number, contact (physical address/P. O. Box), region and district (if any);

Mode of payment

Course fee shall be paid in full and once ten days (10) days prior to the date of training. Government bill will be issued to applicant.

Postponement and cancellation of training

If a participant fails to attend the training for any reason, the paid course fee will not be refunded. In case the Bureau postpones the training, the applicant will be informed ten (10) days before commencement of the training course together with re-scheduled date.

Training location and venue

The training will be conducted in Dar es Salaam - Tanzania; however, training venue will be communicated to the registered applicants.

For enquiries, contact us through cell phone No. 0800110827 from Monday to Friday (0800 AM-0400 PM).

Issued by:

Neema J. Mtemvu

Ag. Public Relations and Marketing Manager



"Inspiring Quality and Safety for Better Livelihood"

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